

Catering Menu

859 Prince Street, Truro | 902 895 4211

Facility Rental and After Hours Catering available upon request for an additional fee.

APPETIZERS

Bruschetta on Baguette pieces	\$12
Mini Quiches (Choice of Filling)	\$12
Devilled Eggs	\$8
Chicken Skewers	\$12
Beef Skewers	\$12
Cucumber with Dill Cream Cheese	\$8

LUNCH & DINNER

Sandwich Trays

		+ Soup	+ Salad
5 ppl	\$25	\$15	\$20
8-10 ppl	\$45	\$30	\$35
11-15 ppl	\$65	\$45	\$50
16-20 ppl	\$85	\$60	\$65

Entrées

Prices below are listed per person (pp)

Add Soup to any meal below for \$3.00 pp

Add Salad to any meal below for \$4.00 pp

Quiche – Choice of Filling	\$5.95
Lasagna	\$8.95
Shepherd's Pie	\$8.95
Fettucine Alfredo:	
Vegetarian	\$7.95
Chicken	\$8.95
Stir-fry Served on Rice:	
Vegetarian	\$7.95
Chicken/ Beef	\$8.95
Butter Chicken on Rice	\$8.95
Chicken Cacciatore on Rice or Noodles	\$8.95
Chicken Parmesan on Rice or Noodles	\$8.95
Meatballs on Rice with Vegetables	\$8.95
Chili with Salad and Biscuit	\$8.95
Beef Stew with Biscuits	\$8.95
Ham and Scallop Potatoes	\$8.95

ASSORTED TRAYS

Cold Shrimp Cocktail with Cocktail Sauce	\$50
Assorted Cheese Tray (Serves 20-25)	\$60
Assorted Fruit Tray (Serves 20-25)	\$40
Vegetable Tray (Serves 20-25)	\$40
Whole Fruit	\$2 pp
Individual Yogurts	\$1.50 pp
Assorted Muffin	\$1.50 pp
Assorted Sweet Tray	\$2 pp

DESSERT

Prices below are listed per person

Carrot Cake with Cream Cheese Icing	\$4
Apple Crisp	\$4
Cheesecake	\$4
Pie – Choice of Filling	\$3.50
Pecan/ Butter Tarts	\$1.50
Cookies	\$1

BEVERAGES

Carafe of Coffee or Tea	\$12
Water	\$1.50 ea.
Pop/ Canned Iced Tea	\$1.75 ea.
Juice	\$2.00 ea.

- Squash
- Cream of Mushroom
- Tomato Basil
- Clam Chowder
- Beef and Barley
- Beef Vegetable
- Potato and Leek

Soup Options

- Vegetable
- Spicy Red Lentil
- Cream of Carrot and Honey
- Corn Chowder
- Cream of Broccoli and Cheddar
- Chicken and Vegetable

Contact

To place an order or for more information:
902 895 4211 | cmhacatering@gmail.com

Additional **menu options** available upon request.

Let us know of any dietary restrictions and allergies prior to ordering.

Delivery options – In Truro: \$10; \$15 for multiple deliveries

Outside Truro: Ask us for a quote.

Prices subject to change without notice. www.ceh.cmha.ca



Colchester East Hants - Canadian Mental Health Association

